

# WEAR YOUR WORKOUT WHEREVER YOU GO!

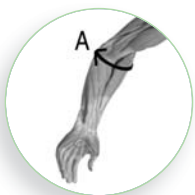
Using Body Togs for up to ten hours per day doing your regular activity is proven to be as effective as a two mile run. You can lose up to a pound of fat a month solely by using the weighted sleeves.

If you're one of the thousands of people who want to lose weight - whether it's five pounds or fifty - you know how difficult it can be. And you're not alone: more than 60% of Americans are considered overweight and struggle with the same problem you do.

BodyTogs is the breakthrough that harnesses the power of your regular daily activities to help you lose weight and maintain body fitness. BodyTogs enhance weight management by increasing the amount of calories you burn throughout the day. With BodyTogs, you can start losing weight without making drastic changes in your life.



**Be sure to get the right size for a comfortable fit!**



## SIZING CHART

### LEGS

Small	11.5"-13"
Medium	13"-14.5"
Large	14.5"-16"
XLarge	16"-18"

### ARMS

Small	8"-9.5"
Medium	9.5"-11"
Large	11"-12.5"
XLarge	12.5"-14"



*"As a celebrity personal trainer and lifestyle consultant, I have seen every product imaginable. Nothing has EVER come close to BODYTOGS! It is the real deal and I stand behind it!"*

Bill Gobin

**bodytogs**®

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**Call 1-727-507-8400**

[www.bodytogs.com](http://www.bodytogs.com)